



Are you interested?

For details of the next
information meeting please
contact The EarlyBird Team at

Earlybird@sutton.gov.uk
or telephone

Melanie Vijayaratnam
07590 807918 or 8770 6618

Or
Pam Fry
07736 338707

London Borough of Sutton
EarlyBird Team



EarlyBird Programme



An early intervention
course for parents
and carers of
pre-school children with an
autism spectrum disorder

The EarlyBird programme is...

a three month parent course that comprises of 12 weekly group sessions including home visits



The programme is for...

families of a pre-school child with a diagnosis of an autism spectrum disorder. There are two places allocated to each family

The programme is run by...

the EarlyBird Team, which includes members of Sutton Autism Spectrum Disorder Service and Sutton Portage

What are the aims of the programme?

- ✎ To empower parents/carers and to support them in the period between diagnosis and school placement
- ✎ To develop their child's communication skills
- ✎ To develop and apply practical strategies to pre-empt and manage their child's behaviour
- ✎ To develop parent's understanding of their child's autism

